

2026 Northwest Suburban Conference Meet

May 19, 2026 - Elk River

Mens Combined

1.	Blaine	206.5
2.	Spring Lake Park	133
3.	Robbinsdale Armstrong	96
4.	Champlin Park	91
5.	Osseo	85
6.	Anoka	65.5
7.	Centennial	59
8.	Park Center	50
9.	Coon Rapids	48
10.	Elk River	26
11.	Totino-Grace	25
12.	Rogers	24
13.	Andover	13

Womens Combined

1.	Blaine	191.5
2.	Rogers	150
3.	Centennial	102.5
4.	Andover	75
5.	Anoka	74.83
6.	Osseo	69
7.	Elk River	66
8.	Park Center	54
9.	Spring Lake Park	52.5
10.	Coon Rapids	40.33
11.	Robbinsdale Armstrong	34
12.	Totino-Grace	9.33
13.	Champlin Park	2

Boys Varsity 100 Meters

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Athlete Yr Team Mark H#

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- 1 Makhi Clerk 12 Osseo 10.55a
- 2 Jordan McAfee 11 Robbinsdale Armstrong 10.79a
- 3 Justin Walton 12 Blaine 10.82a
- 4 Jameson Niska 11 Blaine 10.86a
- 5 Jaden Miller 12 Totino-Grace 10.86a
- 6 Jonathan Smith 12 Spring Lake Park 10.87a
- 7 Eli Kuempel 12 Robbinsdale Armstrong 10.88a
- 8 Christian Gulyard 11 Champlin Park 11.08a
- 9 Tristen Chenoweth 11 Andover 11.20a
- 10 Alijah Hibbler 11 Coon Rapids 11.20a
- 11 Jackson Freeman 12 Elk River 11.22a
- 12 Mario Robinson 10 Champlin Park 11.26a
- 13 Adebayo Adesina 12 Park Center 11.33a
- 14 Kammren Cummings-Coleman 12 Coon Rapids 11.35a
- 15 Dallas Curtis 10 Blaine 11.38a
- 16 Prince Axel-Assogba 10 Park Center 11.38a
- 17 Ralph Jlopleh 11 Elk River 11.39a
- 18 Blake Dorweiler 12 Centennial 11.40a
- 19 Collin Anderson 12 Rogers 11.41a
- 20 Ayden Garcia 11 Andover 11.45a
- 21 Amir El-Hage 11 Osseo 11.48a
- 22 Charlie DeBoer 10 Centennial 11.48a
- 23 Greyson Bruneau 10 Andover 11.49a
- 24 Briggs Tarnowski 10 Rogers 11.51a
- 25 Jaxson Gjovik 12 Spring Lake Park 11.51a

26 Praise Babalola 11 Osseo 11.54a
27 Michael Sarych 12 Totino-Grace 11.55a
28 Femi Jammie 12 Anoka 11.55a
29 Kingston Vang 12 Robbinsdale Armstrong 11.56a
30 Tyson Wasurick 11 Anoka 11.61a
31 Seth Fream 11 Centennial 11.62a
32 Andre Nelson 10 Park Center 11.63a
33 Moses Boyce 10 Anoka 11.64a
34 Allen Clerge 11 Coon Rapids 11.65a
35 Israel Falade 12 Champlin Park 11.79a
36 Declan Colby 12 Rogers 11.81a
37 Tabio Badio 12 Elk River 11.97a
38 Vincent Case 10 Totino-Grace 12.17a
-- Jamal Smith 12 Spring Lake Park DNS

Boys Wheelchair 100 Meters

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Athlete Yr Team Mark H#

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1 Logan Hovanetz 10 Elk River 22.06a

Girls Varsity 100 Meters

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Athlete Yr Team Mark H#

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1 Florence Leon 12 Rogers 12.37a
2 Payton Young 12 Osseo 12.54a
3 Reginae Tandoh 11 Centennial 12.54a
4 Jade Rathke 10 Spring Lake Park 12.55a
5 Daysetta Zulu 11 Osseo 12.65a
6 Tayalekay Borh 11 Blaine 12.71a
7 Azauria Abron 11 Rogers 12.73a
8 Crystal Nehwah 10 Park Center 12.75a
9 Avery Nelson 11 Andover 12.77a
10 Olivia Osonowo 12 Champlin Park 12.90a
11 Celleah Townsend 12 Robbinsdale Armstrong 12.92a
12 Madison Schuneman 11 Centennial 13.04a
13 Abigail Salami 9 Anoka 13.05a
14 Amaiyah Farland 10 Rogers 13.06a
15 Mauri Passley 8 Park Center 13.10a
16 Gabriella Maliek 11 Robbinsdale Armstrong 13.12a
17 Sariah White 10 Champlin Park 13.13a
18 Nevaeh Griffin 11 Spring Lake Park 13.13a
18 Araiya Chiaokhiao-Bowman 11 Robbinsdale Armstrong 13.13a
20 Mahlia Galimah 12 Coon Rapids 13.14a
21 Frankmico (Frankie) Siawa 11 Osseo 13.16a
22 Jada Bahnson 11 Blaine 13.18a
23 Amari Royal 11 Coon Rapids 13.18a
24 Sage Taylor 9 Andover 13.20a

25 Serenity Black 10 Anoka 13.24a
 26 Precilia Kpoo 12 Totino-Grace 13.27a
 27 Grace Baumgartner 10 Centennial 13.34a
 28 Abigail Schroeder 12 Andover 13.38a
 29 Racheal Ogunjinmi 9 Spring Lake Park 13.42a
 30 Ruthie Zeller 12 Elk River 13.48a
 31 Jaeda Archer 9 Blaine 13.49a
 32 Kyra Spencer 10 Park Center 13.52a
 33 Georgia Freeman 10 Champlin Park 13.63a
 34 Zoey Tavarez 8 Elk River 13.81a
 35 Melanie Johnson 9 Anoka 14.38a
 36 Laila Eugene 9 Totino-Grace 14.56a
 37 Adele Denton 10 Totino-Grace 14.70a
 -- Danielle Ude 11 Coon Rapids DNS

Girls Wheelchair 100 Meters

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Athlete Yr Team Mark H#

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1 Gia O'Groske 9 Coon Rapids 25.44a
 -- Nadia Iribe 12 Coon Rapids DNS

Boys Varsity 200 Meters

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Athlete Yr Team Mark H#

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1 Makhi Clerk 12 Osseo 21.83a
 2 Jordan McAfee 11 Robbinsdale Armstrong 21.97a
 3 Jamal Smith 12 Spring Lake Park 22.18a
 4 Haevian Cole 12 Blaine 22.29a
 5 Joshua Kolaru 12 Osseo 22.64a
 6 Jaden Miller 12 Totino-Grace 22.67a
 7 Jameson Niska 11 Blaine 22.77a
 8 Jace Howell 12 Elk River 23.10a
 9 Mario Robinson 10 Champlin Park 23.22a
 10 Adebayo Adesina 12 Park Center 23.29a
 11 Emmanuel Monluo 12 Spring Lake Park 23.33a
 12 Adeel Fultang 12 Andover 23.36a
 13 John Keleekai 12 Anoka 23.40a
 14 Curdel Davis 12 Anoka 23.46a
 15 Jordan Oghumah 11 Osseo 23.48a
 16 DaVion Ellis 10 Coon Rapids 23.49a
 17 Christian Gulyard 11 Champlin Park 23.52a
 18 Cameron Stewart 12 Spring Lake Park 23.55a
 19 Prince Axel-Assogba 10 Park Center 23.56a
 20 Chris Clark 9 Robbinsdale Armstrong 23.68a
 21 Eliot Shepard 12 Centennial 23.70a
 22 Allen Clerge 11 Coon Rapids 23.75a
 23 Luke Dorn 12 Champlin Park 23.78a

24 Wyatt Purvis 11 Blaine 23.82a
25 Collin Anderson 12 Rogers 24.01a
26 Hamado Gelgelu 12 Centennial 24.04a
27 Michael Sarych 12 Totino-Grace 24.06a
28 Briggs Tarnowski 10 Rogers 24.08a
29 Nataniel Gazamoundiou 12 Park Center 24.11a
30 Greyson Bruneau 10 Andover 24.14a
31 Kevin Hunter 10 Anoka 24.19a
32 Roman Horner 12 Elk River 24.22a
33 Omar Sanyang 10 Rogers 24.54a
34 Ryan Lamb 10 Totino-Grace 24.74a
35 Yontonson Kesselly 9 Andover 25.08a
36 Christopher Wilcox 9 Elk River 25.72a
-- Alvan Smith 11 Coon Rapids DNS
-- Jahsir Pinney 10 Robbinsdale Armstrong DNS
-- Lukin Berg 12 Centennial DNS

Boys Wheelchair 200 Meters

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Athlete Yr Team Mark H#

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1 Logan Hovanetz 10 Elk River 44.60a

Girls Varsity 200 Meters

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Athlete Yr Team Mark H#

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1 Florence Leon 12 Rogers 25.32a
2 Reginae Tandoh 11 Centennial 25.35a
3 Addison Stadden 12 Blaine 25.50a
4 Azauria Abron 11 Rogers 26.06a
5 Lucinda Nde 10 Anoka 26.07a
6 Jade Rathke 10 Spring Lake Park 26.24a
7 Solange Barkon 12 Coon Rapids 26.38a
8 Crystal Nehwah 10 Park Center 26.67a
9 Celleah Townsend 12 Robbinsdale Armstrong 26.69a
10 Sydney Keckeisen 12 Elk River 26.71a
11 Amari Royal 11 Coon Rapids 26.82a
12 Shamere Chatman 12 Park Center 26.88a
13 Reegan Schmidt 10 Rogers 26.92a
14 Olivia Suchy 12 Robbinsdale Armstrong 26.96a
15 Shiaflynn Cooper 11 Elk River 26.96a
16 Madison Schuneman 11 Centennial 27.02a
17 Vanessa Rucker 10 Park Center 27.13a
18 Araiya Chiaokhiao-Bowman 11 Robbinsdale Armstrong 27.57a
19 Arianna Schmidt 10 Anoka 27.72a
20 Racheal Ogunjinmi 9 Spring Lake Park 27.79a
21 Jaeda Archer 9 Blaine 27.90a
22 Valery Oyou 12 Andover 28.02a

23 Harmony Kemp 12 Osseo 28.05a
24 Lauren Carey 10 Champlin Park 28.06a
25 Olivia Tapp 11 Totino-Grace 28.09a
26 Davina Swen 9 Champlin Park 28.12a
27 Paige McKnight 10 Andover 28.15a
28 Ashley Warren 10 Anoka 28.28a
29 Natalie Hauge 10 Coon Rapids 28.38a
30 Alice Goya 12 Blaine 28.62a
31 Maria Morrison 12 Totino-Grace 28.68a
32 Eva Kauls 12 Centennial 28.73a
33 Isabella Planting 10 Spring Lake Park 28.93a
34 Pyper Mottlow 7 Elk River 29.06a
35 Precious Toe 12 Osseo 29.17a
36 Charleigh Lage 9 Totino-Grace 33.35a
-- Esther Obaye 12 Osseo DNS
-- Sage Taylor 9 Andover DNS
-- Olivia Osonowo 12 Champlin Park DNS

Girls Wheelchair 200 Meters

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Athlete Yr Team Mark H#

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1 Gia O'Groske 9 Coon Rapids 51.48a
-- Nadia Iribe 12 Coon Rapids DNS

Boys Varsity 400 Meters

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Athlete Yr Team Mark H#

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1 Haevian Cole 12 Blaine 49.91a
2 Justin Richard 11 Blaine 50.28a
3 Mekhai Martin 11 Coon Rapids 51.07a
4 De'Milliown Jones 12 Coon Rapids 51.16a
5 Collin Patrick 11 Anoka 51.91a
6 Kieran Mccarthy 12 Spring Lake Park 53.16a
7 Joseph Schlaefer 12 Totino-Grace 53.24a
8 Caleb Zennah 12 Coon Rapids 53.30a
9 Matthew Mayo 12 Champlin Park 53.37a
10 Jonah Perrozzi 11 Champlin Park 53.43a
11 Alex Strasser 12 Blaine 53.44a
12 Austin Olson 12 Osseo 53.72a
13 Samuel Wolde 10 Spring Lake Park 53.89a
14 Archibald Weah 11 Park Center 54.12a
15 Baylor Dwinal 11 Champlin Park 54.12a
16 Adriel Zekpa 11 Park Center 54.48a
17 Levi Boehler 11 Park Center 54.66a
18 Ryan Lamb 10 Totino-Grace 54.83a
19 Ryan Thomas 10 Robbinsdale Armstrong 55.08a
20 Emmanuel Herrera-Ramirez 10 Osseo 55.14a

21 Deegan Marquez 12 Spring Lake Park 55.16a
22 Abdul Karim Swaray 10 Anoka 55.47a
23 Skylar Mortenson 12 Centennial 55.50a
24 Burka Uli 12 Andover 55.81a
25 Daniel Flores, Jorgensen 12 Robbinsdale Armstrong 55.88a
26 Spencer Feyo 10 Rogers 55.94a
27 Keller Schmitz 12 Elk River 56.08a
28 Nathan Berhane 12 Osseo 56.13a
29 Justin Gray 10 Centennial 56.78a
30 Jack Rene 12 Anoka 56.99a
31 Rohan Balgobin 9 Robbinsdale Armstrong 57.14a
32 Cooper Westphal 10 Centennial 57.20a
33 Noble Andersland 10 Andover 57.45a
34 Jackson Busch 9 Elk River 57.95a
35 Benjamin St. Martin 12 Elk River 58.27a
36 Wesley Austin 9 Rogers 59.25a
37 Weston Smith 11 Rogers 59.71a
-- Oliver Conway 11 Totino-Grace DNS
-- Lars Oredson 11 Andover DNS

Girls Varsity 400 Meters

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Athlete Yr Team Mark H#

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1 Addison Stadden 12 Blaine 58.89a
2 Sydney Keckeisen 12 Elk River 1:00.69a
3 Josephine Kell 10 Blaine 1:01.03a
4 Taylor Mjølhus 11 Anoka 1:01.04a
5 Nadia Wilt 11 Osseo 1:01.60a
6 Eleanor Rohrer 9 Spring Lake Park 1:01.83a
7 Magdalene Sulungaine 9 Blaine 1:01.86a
8 Kara Johnson 11 Anoka 1:02.42a
9 Josephine Steinhoff 8 Centennial 1:02.44a
10 Khloe Reker 10 Centennial 1:02.72a
11 Tanneh Hunter 9 Anoka 1:02.94a
12 Rachel Nordquist 11 Andover 1:03.22a
13 Shanyah Horton 12 Coon Rapids 1:04.36a
14 Sheree Roberts 12 Park Center 1:04.70a
15 Mya Morgan 9 Champlin Park 1:04.85a
16 Matoria Kamara 10 Coon Rapids 1:04.94a
17 Ashlyn Bouten 8 Rogers 1:04.98a
18 Sienna Maus 10 Robbinsdale Armstrong 1:05.38a
19 Morgan Hampton 9 Rogers 1:05.62a
20 Berean Bock 10 Spring Lake Park 1:07.06a
21 Anna Nordmeier 11 Elk River 1:07.36a
22 Anisa Henry 10 Champlin Park 1:07.50a
23 Lauren Meier 9 Spring Lake Park 1:07.66a
24 Maverick Canham 8 Rogers 1:07.89a
25 Gigi Keckeisen 9 Elk River 1:08.07a

26 Barbare Ebralidze 10 Coon Rapids 1:08.34a
27 Massaneh Dolo 10 Osseo 1:09.57a
28 Jay'Chelle Evans 11 Robbinsdale Armstrong 1:10.02a
29 Evalyn Gorgos 9 Totino-Grace 1:13.21a
-- Samoun Burt 11 Robbinsdale Armstrong DNS
-- Christina Brooks 10 Park Center DNS
-- Olivia Osonowo 12 Champlin Park DNS
-- Fanta Konneh 9 Park Center DNS
-- Esther Obaye 12 Osseo DNS

Boys Varsity 800 Meters

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Athlete Yr Team Mark H#

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1 Aaron Peterson 12 Anoka 1:54.54a
2 Cyrus Shrestha 11 Rogers 1:58.00a
3 Griffin Schmidt 11 Robbinsdale Armstrong 1:58.39a
4 Jack Zellmer 12 Blaine 1:58.64a
5 Noah Berg 12 Centennial 1:58.79a
6 Aaron Misoi 11 Andover 1:59.31a
7 David Meberg 11 Blaine 2:00.32a
8 Noah Shaffer 11 Andover 2:00.87a
9 Jolaun Lewis 12 Champlin Park 2:00.94a
10 Hunter Birkmeier 10 Andover 2:02.30a
11 Judah Shrestha 8 Rogers 2:03.42a
12 Raleigh Rundquist 12 Osseo 2:03.75a
13 Asad Farah 12 Osseo 2:05.30a
14 Aleksander Tsegay 11 Blaine 2:05.55a
15 Jakob Browsers 9 Park Center 2:05.84a
16 Evan Lautenschlager 10 Centennial 2:06.01a
17 Camden Thomas 11 Coon Rapids 2:06.05a
18 Emmitt Revering 12 Anoka 2:06.11a
19 Ben Sanvik 12 Osseo 2:06.13a
20 Cameron Dorst 12 Anoka 2:06.75a
21 Marshall Roper 12 Champlin Park 2:08.29a
22 Josh Sweeney 12 Robbinsdale Armstrong 2:08.78a
23 Cooper Herzog 11 Spring Lake Park 2:09.02a
24 Cooper Anderson 10 Champlin Park 2:09.33a
25 Kevin Knutson 11 Park Center 2:11.89a
26 Michael Monson 10 Coon Rapids 2:11.90a
27 Cullen Kiedrowski 10 Totino-Grace 2:12.50a
28 Mack Saffert 11 Robbinsdale Armstrong 2:12.84a
29 William Meyer 9 Totino-Grace 2:13.95a
30 Wyatt Bolla 9 Rogers 2:13.96a
31 Tate Burnett 9 Coon Rapids 2:14.37a
32 Daniel Carbajal 12 Park Center 2:14.85a
33 Ezekial Larson 11 Spring Lake Park 2:14.86a
34 Ashur Walton 8 Elk River 2:16.77a
35 Maxwell Sofio 9 Elk River 2:17.49a

36 Beck Cleaveland 12 Elk River 2:17.97a
37 Mason Toler 10 Totino-Grace 2:23.75a
38 Diego Morles 11 Spring Lake Park 2:28.25a
-- Liban Ahmed 12 Centennial DNS

Girls Varsity 800 Meters

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Athlete	Yr	Team	Mark	H#
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1	Lauren	Klein	12	Centennial	2:13.12a
2	Alexa	Juntunen	11	Rogers	2:17.52a
3	Brooke	Elveru	8	Elk River	2:19.92a
4	Ashley	Damsgard	10	Osseo	2:20.70a
5	Berlyn	Hartinger	10	Totino-Grace	2:21.88a
6	Hailey	Kral	11	Blaine	2:23.73a
7	Anna	Swanson	12	Centennial	2:25.31a
8	Grace	Potvien	11	Andover	2:28.17a
9	Jazleen	Romero	11	Osseo	2:30.88a
10	Gracia	Damsgard	7	Osseo	2:30.95a
11	Addison	Porter	10	Rogers	2:32.01a
12	Hazel	Schmitt	10	Blaine	2:36.32a
13	Aleese	Diekow	8	Elk River	2:36.39a
14	Taylor	Mjolhus	11	Anoka	2:36.83a
15	Emily	Schmidt	12	Andover	2:37.57a
16	Isabelle	Effinger	10	Blaine	2:37.67a
17	Shiloh	Woyke	11	Robbinsdale	Armstrong 2:39.22a
18	Iris	Ferris	10	Spring Lake Park	2:39.78a
19	Madison	Chrusciel	11	Centennial	2:41.59a
20	Taylor	Dehn	11	Andover	2:42.95a
21	Julianne	Thomas	12	Totino-Grace	2:43.07a
22	Erin	Bescheinen	10	Elk River	2:43.55a
23	Brynna	Peterson	9	Anoka	2:43.59a
24	Annie	Zabel	11	Champlin Park	2:43.64a
25	Landry	Schoeman	11	Spring Lake Park	2:44.62a
26	Milla	Erickson	11	Spring Lake Park	2:45.34a
27	Adelaide	Senne	11	Robbinsdale	Armstrong 2:46.61a
28	Nyah	Fruth	12	Coon Rapids	2:48.20a
29	Aubrey	Larson	10	Anoka	2:49.02a
30	Danika	Hurry	9	Totino-Grace	2:49.64a
31	Azalya	McNeely	12	Champlin Park	2:52.31a
32	Kylie	Aswegan	12	Champlin Park	2:54.44a
33	Grace	Ditty	12	Robbinsdale	Armstrong 2:56.90a
--	Naeemah	Smith	11	Park Center	DNS
--	Na	Duong	11	Park Center	DNS
--	Gabrielle	Reinhart	9	Coon Rapids	DNS
--	Elilly	Khalil	12	Park Center	DNS
--	Emily	Hoyt	11	Rogers	DNS
--	Emerine	Quinones	12	Coon Rapids	DNS

Boys Varsity 1600 Meters

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Athlete Yr Team Mark H#

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- 1 Austin Matrious 12 Blaine 4:25.87a
- 2 Blake Beaver 11 Park Center 4:29.30a
- 3 Emmitt Revering 12 Anoka 4:33.63a
- 4 Eric Lindgren 10 Totino-Grace 4:36.52a
- 5 Samuel Gaines 12 Anoka 4:37.63a
- 6 Benaiah Breker 11 Robbinsdale Armstrong 4:38.28a
- 7 Lucas Vetter 12 Champlin Park 4:44.92a
- 8 Dagmawi Alemu 12 Coon Rapids 4:48.19a
- 9 Jackson Browers 11 Park Center 4:48.37a
- 10 Cade Donnay 10 Rogers 4:49.99a
- 11 Caelan Scott 9 Champlin Park 4:50.20a
- 12 Kyler Nielson 12 Centennial 4:54.81a
- 13 Chase Warner 9 Centennial 4:55.34a
- 14 Benjamin Lawrence 9 Andover 4:57.15a
- 15 Reece Miller 10 Blaine 4:58.72a
- 16 Ben Lewis 9 Osseo 4:59.57a
- 17 Vincent Patullo 10 Elk River 4:59.78a
- 18 Steven Hennig 10 Andover 5:00.55a
- 19 Carter Hentges 10 Champlin Park 5:00.69a
- 20 Aydin Senyurekli 12 Robbinsdale Armstrong 5:01.00a
- 21 Nathaniel Kosbab 12 Spring Lake Park 5:01.19a
- 22 Maxwell DeRungs 10 Anoka 5:01.54a
- 23 Odin Williams-Heim 9 Osseo 5:03.44a
- 24 John Vandagriff 9 Coon Rapids 5:05.70a
- 25 Santiago Zamora 10 Totino-Grace 5:05.72a
- 26 Levi St Martin 9 Rogers 5:06.58a
- 27 Hewad Salarzai 11 Rogers 5:10.24a
- 28 Zubayr Mohamed 11 Spring Lake Park 5:10.51a
- 29 Samuel Williams 9 Spring Lake Park 5:10.68a
- 30 Connor Carlson 8 Elk River 5:11.34a
- 31 Tyler Leebens 11 Park Center 5:11.84a
- 32 Aiden Tribon 8 Elk River 5:12.94a
- 33 Rylan Baker 10 Centennial 5:16.09a
- 34 Isaiah Hanson 9 Robbinsdale Armstrong 5:18.06a
- 35 Steven Wachholz 12 Osseo 5:19.44a
- 36 Nixon Glenn 9 Coon Rapids 5:19.65a
- 37 Judah Bobendrier 11 Andover 5:20.75a
- 38 Grant Lepsch 9 Totino-Grace 5:26.34a

Girls Varsity 1600 Meters

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Athlete Yr Team Mark H#

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- 1 Brynlee Wegener 9 Blaine 5:00.94a
- 2 Audrey Schwen 10 Blaine 5:16.07a

3 Brooklyn Grages 8 Rogers 5:19.47a
4 Anna Swanson 12 Centennial 5:19.52a
5 Kate Hennes 12 Anoka 5:19.83a
6 Cara Back 11 Rogers 5:21.11a
7 Genevieve Rajkowski 9 Spring Lake Park 5:27.54a
8 Alexandra Sindt 9 Centennial 5:38.44a
9 Victoria Fernandez 10 Anoka 5:39.07a
10 Adeline Pobul 10 Rogers 5:49.15a
11 Alivia Krantz 12 Andover 5:50.00a
12 Madison Chrusciel 11 Centennial 5:50.22a
13 Morgan Rother 10 Champlin Park 5:53.62a
14 Edith Meberg 7 Blaine 5:57.30a
15 Joséphine Sinigaglia 12 Coon Rapids 6:00.78a
16 Sophia Edman 7 Elk River 6:04.50a
17 Grace Williams 9 Spring Lake Park 6:04.91a
18 Tessa Kuebelbeck 9 Osseo 6:04.99a
19 Claire Barthel 9 Elk River 6:05.78a
20 Presley Allen 11 Osseo 6:05.87a
21 Ingrid Sheck 9 Spring Lake Park 6:09.89a
22 Anna Wilkinson 11 Robbinsdale Armstrong 6:10.29a
23 Danika Hurry 9 Totino-Grace 6:11.13a
24 Rivers Thomsen 10 Andover 6:14.62a
25 Mackenzie Reiland 8 Coon Rapids 6:15.22a
26 Elle Vandermyde 10 Totino-Grace 6:19.75a
27 Lucy Hastings 11 Robbinsdale Armstrong 6:22.31a
28 Erin Wilkinson 11 Robbinsdale Armstrong 6:24.90a
29 Anne Jendro 12 Andover 6:27.26a
30 Elsa Rundquist 8 Osseo 6:30.51a
31 Leila Lyles 12 Champlin Park 6:30.90a
32 Hailey Brockmann 9 Park Center 6:34.82a
33 Maeve Stack 10 Anoka 6:37.66a
34 Greta Graham 11 Coon Rapids 6:47.60a
35 Alayna Carlson 12 Champlin Park 6:52.61a
36 Mara Thomas 10 Totino-Grace 6:55.66a
37 Elilly Khalil 12 Park Center 8:10.51a
-- Sylvia Chang 9 Park Center DNS

Boys Varsity 3200 Meters

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Athlete Yr Team Mark H#

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1 Zakariya Mohamed 12 Champlin Park 9:36.12a
2 Blake Frazer 12 Champlin Park 9:37.57a
3 Israel Sulungaine 11 Blaine 9:44.39a
4 Blake Beaver 11 Park Center 9:48.30a
5 Elijah Thomas 9 Blaine 9:49.18a
6 Jackson Carlson 11 Elk River 9:52.04a
7 Samuel Gaines 12 Anoka 9:57.25a
8 David Mueller 10 Spring Lake Park 9:58.42a

9 Nic Brandt 9 Spring Lake Park 9:59.22a
10 Caleb Osterberg 12 Champlin Park 10:08.40a
11 Benaiah Breker 11 Robbinsdale Armstrong 10:10.20a
12 Henry Meberg 10 Blaine 10:11.00a
13 Davin Christen 12 Osseo 10:27.02a
14 Brendan Abernathy 8 Elk River 10:27.25a
15 Cole Kutches 12 Anoka 10:32.77a
16 Matthew Misko 12 Totino-Grace 10:34.66a
17 Samuel Price 9 Robbinsdale Armstrong 10:39.39a
18 Easton Woelfle 9 Robbinsdale Armstrong 10:40.00a
19 Dagmawi Alemu 12 Coon Rapids 10:40.10a
20 Jackson Browers 11 Park Center 10:40.60a
21 Keenan Raske 10 Anoka 10:40.67a
22 Owen Lebeau 9 Andover 10:41.76a
23 Ben Lewis 9 Osseo 10:48.77a
24 Cade Donnay 10 Rogers 10:52.49a
25 Finn Kinart 11 Park Center 11:12.54a
26 Charlie Fehrenbacher 8 Spring Lake Park 11:13.00a
27 Josey Jacobs 10 Coon Rapids 11:16.20a
28 Sullivan Pamperin 10 Andover 11:31.33a
29 Wesley Austin 9 Rogers 11:40.23a
30 Nicholas Dubay 12 Centennial 11:47.58a
31 Hewad Salarzai 11 Rogers 11:48.62a
32 Grayson Paasch 10 Centennial 12:01.16a
33 James Stueve 9 Totino-Grace 12:09.86a
34 Andrew Parent 11 Centennial 12:51.54a

Girls Varsity 3200 Meters

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Athlete Yr Team Mark H#

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1 Naomi Dybvig 10 Robbinsdale Armstrong 11:28.17a
2 Ruby Demmer 11 Coon Rapids 11:28.90a
3 Lauren Barthel 9 Rogers 11:31.57a
4 Nora Kuhn 10 Blaine 11:41.96a
5 Kate Hennes 12 Anoka 11:46.67a
6 Julia Strobel 10 Andover 11:52.56a
7 Leah Jongekryg 7 Andover 11:53.26a
8 Cora Lewis 7 Osseo 12:08.12a
9 Alexis Dixon 9 Rogers 12:15.19a
10 Mya Nelson 12 Elk River 12:15.82a
11 Emma Delf 10 Centennial 12:17.97a
12 Audrey Julson 11 Centennial 12:39.74a
13 Morgan Rother 10 Champlin Park 12:43.60a
14 Sophia Grossman 12 Champlin Park 12:44.52a
15 Mitsue Rajkowski 9 Spring Lake Park 12:50.13a
16 Alia Eiler 7 Elk River 12:53.28a
17 Elise Ditty 10 Robbinsdale Armstrong 12:55.15a
18 Brooke Hayes 11 Centennial 12:57.19a

19 Claire Gitzen 11 Blaine 12:59.86a
20 Scarlett Yang 7 Rogers 13:02.85a
21 Julianna Mindiola 10 Osseo 13:16.37a
22 Layla Kieffer 9 Andover 13:22.99a
23 Hannah Walton 9 Blaine 13:27.26a
24 Haley DeRungs 12 Anoka 13:30.02a
25 Ruth Beck 9 Spring Lake Park 13:37.83a
26 Courtney Gluth 10 Champlin Park 13:46.15a
27 Rylee Berlin 7 Spring Lake Park 14:08.22a
28 Vyllette Schneider 11 Coon Rapids 14:55.28a
29 Harper Grad 10 Anoka 15:01.43a
-- Larali Larson 12 Park Center DNS
-- Itzel Sanchez Portillo 10 Park Center DNS

Girls Varsity 100m Hurdles

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Athlete Yr Team Mark H#

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1 Domayou Vawah 11 Blaine 14.86a
2 Claire Nelson 12 Park Center 15.15a
3 Ethel Cooper 11 Andover 15.55a
4 Payton McKnight 12 Andover 15.76a
5 Sophia Bowers 12 Rogers 15.84a
6 Ella Sletten 10 Andover 16.08a
7 Lashara Goode 12 Park Center 16.37a
8 Laya Robertson 12 Rogers 16.98a
9 Isabelle Wegener 11 Blaine 17.07a
10 Sarah Anderson 10 Rogers 17.10a
11 Malena Hjort 10 Elk River 17.14a
12 Azeezat Adeduntan 9 Park Center 17.22a
13 Mariamu Donzo 10 Osseo 17.24a
14 Gabrielle Moran 8 Anoka 17.29a
15 Kaleigh Dove 11 Blaine 17.33a
16 Mollie Voss-Goeb 10 Elk River 17.39a
17 Alorra Seymour 10 Anoka 17.45a
18 Jessica Freeman 10 Coon Rapids 17.96a
19 Sienna MacLeod 9 Centennial 18.11a
20 Elizabeth Buffie 12 Anoka 18.20a
21 Rachel Clausen 9 Spring Lake Park 18.30a
22 Sydney Kiawu 11 Coon Rapids 18.32a
23 Precious Okonkwo 10 Champlin Park 18.32a
24 Danielle Juntunen 10 Totino-Grace 18.61a
25 Uzo Okonkwo 11 Champlin Park 18.62a
26 Eva Payne 9 Coon Rapids 18.73a
27 Alyssa Hanson 9 Centennial 18.85a
28 Olivia Udo 9 Robbinsdale Armstrong 18.87a
29 Vanessa Yevu 12 Champlin Park 18.96a
30 Sadie York 9 Robbinsdale Armstrong 19.09a
31 Heaven Robinson 9 Elk River 19.18a

32 Janese Fallah 12 Robbinsdale Armstrong 19.21a
33 Rute Getnet 11 Osseo 19.37a
34 Suriya Xiong 12 Osseo 19.68a
35 Katelyn Louks 9 Centennial 19.71a
36 Aleya Feidt 10 Spring Lake Park 20.19a
37 Elizabeth Goetz 9 Spring Lake Park 20.23a

Boys Varsity 110m Hurdles

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Athlete Yr Team Mark H#

=====

1 Joshua Kolaru 12 Osseo 14.49a
2 Matthew Rivera 12 Blaine 14.62a
3 Lincoln Sheck 12 Spring Lake Park 14.64a
4 Loic Djiotsa 12 Coon Rapids 14.98a
5 Insy Saengchantha 11 Champlin Park 14.99a
6 Tate Gladney 12 Robbinsdale Armstrong 15.06a
7 Austin Westerberg-Olsen 12 Blaine 15.31a
8 Noah Strouth 12 Rogers 15.37a
9 Kevon Deloach 11 Champlin Park 15.72a
10 Carlos Dunbar 11 Osseo 15.83a
11 Aiden Horton 12 Rogers 15.92a
12 Micah Goetz 12 Spring Lake Park 15.92a
13 Augustine Moran 12 Anoka 15.93a
14 Ny'Shaun Robinson 12 Spring Lake Park 16.00a
15 Deaven Riles 11 Blaine 16.06a
16 Brody Lakanen 12 Anoka 16.08a
17 Cody Dagogo 12 Coon Rapids 16.12a
18 Cayden Fields 11 Elk River 16.47a
19 Mutalah Secka 12 Elk River 16.52a
20 Tareq Fadlalla 11 Robbinsdale Armstrong 16.60a
21 Joseph Willie 12 Osseo 16.67a
22 Augustine Nkwocha 9 Champlin Park 16.68a
23 Levi Peterson 10 Centennial 17.06a
24 Gavin MacLeod 11 Centennial 17.14a
25 Devontez Davis 12 Park Center 17.46a
26 Sidney Nchamukong 11 Andover 18.11a
27 Malachi Anderson-Casillas 11 Robbinsdale Armstrong 18.15a
28 Aiden McGraw 12 Rogers 18.21a
29 Amery Cuffy 11 Anoka 18.25a
30 Henry Schwartz 11 Centennial 18.36a
31 Sean Kerkula 11 Andover 19.30a
32 Jahiro Romero Jimenez 11 Elk River 20.02a
-- Isaiah Ecklund 9 Andover DNS
-- Josiah Yancy 12 Coon Rapids FS
-- Rico Calvert Jr. 12 Park Center DNS

Boys Varsity 300m Hurdles

=====

Athlete Yr Team Mark H#

=====

- 1 Matthew Rivera 12 Blaine 39.09a
- 2 Joshua Kolaru 12 Osseo 39.10a
- 3 Micah Goetz 12 Spring Lake Park 39.90a
- 4 Tate Gladney 12 Robbinsdale Armstrong 39.94a
- 5 Insy Saengchantha 11 Champlin Park 40.43a
- 6 Noah Strouth 12 Rogers 40.57a
- 7 Lincoln Sheck 12 Spring Lake Park 40.67a
- 8 Loic Djiotsa 12 Coon Rapids 41.05a
- 9 Deaven Riles 11 Blaine 42.28a
- 10 Levi Peterson 10 Centennial 42.29a
- 11 Carlos Dunbar 11 Osseo 42.30a
- 12 Joseph Willie 12 Osseo 42.35a
- 13 Pierre Johnson 11 Andover 42.53a
- 14 Kevon Deloach 11 Champlin Park 42.62a
- 15 Austin Westerberg-Olsen 12 Blaine 42.74a
- 16 Seth Fream 11 Centennial 42.79a
- 17 Josiah Yancy 12 Coon Rapids 43.10a
- 18 Louie Christian 12 Spring Lake Park 43.81a
- 19 Devontez Davis 12 Park Center 44.47a
- 20 Augustine Moran 12 Anoka 44.62a
- 21 Mutalah Secka 12 Elk River 44.96a
- 22 Brody Lakanen 12 Anoka 45.24a
- 23 Maxwell Poppenhagen 10 Champlin Park 45.26a
- 24 Nataniel Gazamoundiou 12 Park Center 45.30a
- 25 Sean Kerkula 11 Andover 45.37a
- 26 Aiden McGraw 12 Rogers 45.41a
- 27 Tamunotonye Orupabo 12 Elk River 45.80a
- 28 Sidney Nchamukong 11 Andover 45.92a
- 29 Everett Larson 9 Coon Rapids 46.14a
- 30 Tareq Fadlalla 11 Robbinsdale Armstrong 46.41a
- 31 Silas Afere 11 Anoka 46.49a
- 32 Malachi Anderson-Casillas 11 Robbinsdale Armstrong 47.88a
- 33 Jahiro Romero Jimenez 11 Elk River 48.83a
- 34 Ryan Lamb 10 Totino-Grace 51.29a
- Nathan Kaul 12 Centennial DNS
- Rico Calvert Jr. 12 Park Center DNS

Girls Varsity 300m Hurdles

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Athlete Yr Team Mark H#

=====

- 1 Domayou Vawah 11 Blaine 46.45a
- 2 Claire Nelson 12 Park Center 46.60a
- 3 Isabelle Wegener 11 Blaine 48.72a
- 4 Kaleigh Dove 11 Blaine 48.99a
- 5 Sarah Anderson 10 Rogers 49.42a
- 6 Ethel Cooper 11 Andover 49.62a

7 Sophia Bowers 12 Rogers 49.99a
8 Payton McKnight 12 Andover 50.44a
9 Mollie Voss-Goeb 10 Elk River 50.53a
10 Lauren Hustad 10 Elk River 50.89a
11 Gabrielle Moran 8 Anoka 51.07a
12 Jessica Freeman 10 Coon Rapids 52.37a
13 Carly Stock 12 Rogers 52.50a
14 Simeona Cooper 9 Osseo 52.94a
15 Danielle Juntunen 10 Totino-Grace 53.09a
16 Brooke Hayes 11 Centennial 53.30a
17 Alorra Seymour 10 Anoka 53.44a
18 Sienna MacLeod 9 Centennial 53.46a
19 Aleya Feidt 10 Spring Lake Park 54.03a
20 Rute Getnet 11 Osseo 54.16a
21 Elizabeth Goetz 9 Spring Lake Park 54.44a
22 Precious Okonkwo 10 Champlin Park 54.46a
23 Ella Sletten 10 Andover 54.78a
24 Uzo Okonkwo 11 Champlin Park 55.39a
25 Olivia Udo 9 Robbinsdale Armstrong 55.65a
26 Eva Payne 9 Coon Rapids 55.65a
27 Vanessa Yevu 12 Champlin Park 55.77a
28 Jennifer Freeman 10 Coon Rapids 55.80a
29 Maggie Wippich 12 Anoka 56.51a
30 Sadie York 9 Robbinsdale Armstrong 57.14a
31 Heaven Robinson 9 Elk River 57.42a
32 Suriya Xiong 12 Osseo 57.88a
33 Laila Eugene 9 Totino-Grace 59.86a
-- Azeezat Adeduntan 9 Park Center DNS
-- Amya Rogers 12 Park Center DNS
-- Haifa Hammouri 12 Spring Lake Park DNS

Boys Varsity 4x100 Relay

Team Time H#

1 Spring Lake Park 43.21a
1) A
2 Champlin Park 43.39a
1) A
3 Coon Rapids 43.55a
1) A
4 Blaine 43.65a
1) A
5 Park Center 43.71a
1) A
6 Elk River 43.98a
1) A
7 Osseo 44.07a
1) A

8 Centennial 44.39a

1) A

9 Rogers 44.55a

1) A

10 Anoka 44.61a

1) A

11 Robbinsdale Armstrong 44.82a

1) A

12 Andover 45.08a

1) A

13 Totino-Grace 50.59a

1) A

Girls Varsity 4x100 Relay

=====

Team Time H#

=====

1 Osseo 49.22a

1) A

2 Blaine 49.52a

1) A

3 Robbinsdale Armstrong 49.62a

1) A

4 Anoka 50.14a

1) A

5 Park Center 50.98a

1) A

6 Rogers 51.09a

1) A

7 Spring Lake Park 51.65a

1) A

8 Elk River 52.05a

1) A

9 Andover 52.83a

1) A

10 Champlin Park 53.32a

1) A

11 Centennial 54.73a

1) A

-- Totino-Grace DQ

1) A

-- Coon Rapids DNF

1) A

Boys Varsity 4x200 Relay

=====

Team Time H#

=====

1 Blaine 1:29.73a

1) A
2 Spring Lake Park 1:30.27a
1) A
3 Coon Rapids 1:31.05a
1) A
4 Champlin Park 1:33.33a
1) A
5 Totino-Grace 1:33.68a
1) A
6 Centennial 1:33.84a
1) A
7 Anoka 1:34.55a
1) A
8 Rogers 1:36.04a
1) A
9 Park Center 1:36.17a
1) A
10 Osseo 1:36.51a
1) A
-- Andover FS
1) A
-- Elk River DNF
1) A
-- Robbinsdale Armstrong DQ
1) A

Girls Varsity 4x200 Relay

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Team	Time	H#
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1 Rogers	1:44.33a	
1) A		
2 Blaine	1:46.01a	
1) A		
3 Elk River	1:46.63a	
1) A		
4 Park Center	1:46.75a	
1) A		
5 Coon Rapids	1:47.46a	
1) A		
6 Andover	1:48.67a	
1) A		
7 Centennial	1:50.91a	
1) A		
8 Spring Lake Park	1:50.91a	
1) A		
9 Osseo	1:51.02a	
1) A		
10 Robbinsdale Armstrong	1:51.58a	

1) A
11 Anoka 1:52.88a
1) A
12 Champlin Park 1:53.06a
1) A
13 Totino-Grace 1:54.23a
1) A

Boys Varsity 4x400 Relay

=====

Team Time H#

=====

1 Blaine 3:28.90a
1) A
2 Spring Lake Park 3:30.66a
1) A
3 Osseo 3:31.21a
1) A
4 Anoka 3:32.23a
1) A
5 Centennial 3:33.31a
1) A
6 Robbinsdale Armstrong 3:34.31a
1) A
7 Champlin Park 3:34.91a
1) A
8 Rogers 3:35.47a
1) A
9 Coon Rapids 3:41.82a
1) A
10 Totino-Grace 3:42.48a
1) A
11 Park Center 3:46.66a
1) A
12 Elk River 3:47.00a
1) A
13 Andover 3:48.46a
1) A

Girls Varsity 4x400 Relay

=====

Team Time H#

=====

1 Blaine 4:05.62a
1) A
2 Anoka 4:07.68a
1) A
3 Centennial 4:07.99a
1) A

4 Spring Lake Park 4:14.11a

1) A

5 Rogers 4:19.57a

1) A

6 Totino-Grace 4:20.50a

1) A

7 Andover 4:21.68a

1) A

8 Elk River 4:23.11a

1) A

9 Park Center 4:23.52a

1) A

10 Osseo 4:23.64a

1) A

11 Coon Rapids 4:35.50a

1) A

12 Champlin Park 4:39.74a

1) A

-- Robbinsdale Armstrong DNS

1) A

Boys Varsity 4x800 Relay

=====

Team Time H#

=====

1 Blaine 8:12.61a

1) A

2 Centennial 8:16.38a

1) A

3 Champlin Park 8:21.63a

1) A

4 Osseo 8:22.37a

1) A

5 Andover 8:22.66a

1) A

6 Spring Lake Park 8:36.01a

1) A

7 Rogers 8:37.21a

1) A

8 Anoka 8:45.64a

1) A

9 Robbinsdale Armstrong 8:46.93a

1) A

10 Elk River 9:03.16a

1) A

11 Park Center 9:12.77a

1) A

Girls Varsity 4x800 Relay

=====

Team Time H#

=====

1 Blaine 9:49.81a
1) A
2 Elk River 9:55.89a
1) A
3 Osseo 9:58.12a
1) A
4 Rogers 10:01.56a
1) A
5 Andover 10:18.25a
1) A
6 Robbinsdale Armstrong 10:33.68a
1) A
7 Spring Lake Park 10:41.61a
1) A
8 Anoka 10:41.89a
1) A
9 Coon Rapids 11:32.12a
1) A
10 Champlin Park 11:47.95a
1) A
11 Park Center 12:41.30a
1) A

Boys Varsity Shot Put

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Athlete Yr Team Mark H#

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1 Mykhailo Protsenko II 12 Robbinsdale Armstrong 56-2
2 Jaxson Drum 12 Spring Lake Park 52-0.5
3 Drew Mazurek 11 Blaine 50-10.75
4 Brayden Boesch 11 Centennial 50-3.25
5 Austin Holt 11 Spring Lake Park 50-2.75
6 Jerome Eichele 12 Blaine 49-10.5
7 Isaiah Fleck 11 Blaine 49-0.75
8 Kevin Kieh 12 Osseo 49-0.25
9 Simon Bicek 12 Elk River 48-5
10 Nolan LaPointe 12 Andover 47-9.5
11 Isaac Olson 12 Spring Lake Park 46-11
12 Archer Smith 12 Elk River 46-8.5
13 Owen Carter 11 Centennial 46-7.5
14 Andrew Russell 10 Centennial 46-1.5
15 Adem Muratovic 12 Rogers 43-5.5
16 Mason Brent 12 Anoka 42-8.25
17 James Cooper 11 Champlin Park 42-8
18 Christopher Monemy 12 Coon Rapids 42-7
19 Dustin Burton 11 Anoka 42-2.75

20 Alexander Dolo 10 Park Center 41-9.75
 21 Payton Loftus 11 Champlin Park 41-1
 22 Ryan Kyvig 10 Andover 40-6
 23 Amerey Lee 10 Elk River 40-0
 24 Shawn Weltzin 10 Rogers 39-6.5
 25 Matthew Gerth 11 Andover 39-6.25
 26 Mason McCutchan 12 Coon Rapids 39-0.25
 27 Charles Oware-Abum 10 Park Center 38-8
 28 Mckintoush Williams 12 Osseo 38-3.25
 29 Jacob Thoen 12 Coon Rapids 37-11.75
 30 Davin Ohlgren 11 Rogers 36-11.25
 31 Jack Burnes 11 Totino-Grace 36-0
 32 Vincent Berdahl 12 Totino-Grace 35-9
 33 Vincent Aquilar 11 Osseo 35-5.25
 34 Peter Archambault 9 Totino-Grace 32-8
 -- Ebin Bastiansen 11 Champlin Park ND
 -- Jeremiah Udo 11 Robbinsdale Armstrong DNS
 -- Adam Wimmer 10 Anoka ND
 -- Miles Maxey 12 Park Center ND
 -- Evan Mendoza 12 Robbinsdale Armstrong DNS

Boys Wheelchair Shot Put

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Athlete Yr Team Mark H#

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1 Logan Hovanetz 10 Elk River 20-3.25

Girls Varsity Shot Put

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Athlete Yr Team Mark H#

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1 Klady Boyce 12 Coon Rapids 43-1.25
 2 Kendyl Dawson 11 Rogers 41-3.5
 3 Miyah Gunter 12 Blaine 40-4
 4 Naddy Barry 12 Blaine 38-1
 5 Julia Brincks 11 Robbinsdale Armstrong 37-0
 6 Attalia Amegandji 11 Anoka 36-7
 7 Matisse Hahn 12 Elk River 34-7
 8 Greta Solem 12 Spring Lake Park 34-5.5
 9 Nina Thomas 12 Osseo 33-9.5
 10 Rhema Shabazz 10 Anoka 33-2.5
 11 Emma Bunch 11 Rogers 32-2
 12 Kadence Joseph 12 Robbinsdale Armstrong 31-5
 13 Lucille Mitshulis 12 Anoka 31-2.25
 14 Fortress Oiku 10 Coon Rapids 30-10.5
 15 Deborah Timothy 11 Centennial 30-7.25
 16 Lillian Pert 12 Rogers 30-6.25
 17 Malaika Morris 10 Coon Rapids 29-8.5
 18 Victoria Varney 11 Osseo 29-7.25

19 Eva Fream 9 Centennial 29-3.25
 20 Miera Bobbe 11 Andover 28-11.5
 21 Joy DeZibi 12 Blaine 27-5
 22 Damaris Mukuaya 12 Champlin Park 27-2
 23 Faith Freeman 8 Centennial 26-6
 24 Trinny Mogaka 12 Champlin Park 26-5.25
 25 Teisha Fleming 11 Osseo 26-1.25
 26 Alisiauriel Kobi 10 Andover 25-11.5
 27 Kaylin Danner 9 Elk River 25-10.25
 28 Cecilia Delfs 8 Spring Lake Park 25-8
 29 Amelia Tokpah 11 Elk River 24-9.25
 30 Jerdia Johnson 11 Champlin Park 24-7.25
 31 Janais Pinney 9 Robbinsdale Armstrong 24-3.5
 32 Abbigail Oelrich 9 Park Center 24-2.5
 33 Mariah Allen 12 Spring Lake Park 23-7.75
 34 Leah Whitmore-Hunstock 9 Andover 20-7
 35 Julianne Thomas 12 Totino-Grace 18-7.25
 36 Isabella Schimp 10 Totino-Grace 18-6.75
 37 Isatu Khan 9 Park Center 16-3
 -- Mara Thomas 10 Totino-Grace DNS

Girls Wheelchair Shot Put

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Athlete Yr Team Mark H#

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1 Gia O'Groske 9 Coon Rapids 13-10.5
 -- Nadia Iribe 12 Coon Rapids DNS

Boys Varsity Discus

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Athlete Yr Team Mark H#

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1 Mykhailo Protsenko II 12 Robbinsdale Armstrong 162-8
 2 Simon Bicek 12 Elk River 151-3
 3 Owen Carter 11 Centennial 145-9
 4 Jaxson Drum 12 Spring Lake Park 143-4
 5 Noah Tieden 12 Blaine 142-5
 6 Spencer Taylor 11 Blaine 139-0
 7 Joseph Winker 11 Centennial 134-4
 8 Jamye Murray 10 Champlin Park 133-6
 9 Matthew Gerth 11 Andover 132-9
 10 Matthew McManus 11 Centennial 131-0
 11 Jacob Carr 11 Blaine 130-2
 12 Mason Brent 12 Anoka 129-6
 13 Ebin Bastiansen 11 Champlin Park 126-11
 14 Hudson Tanem 11 Coon Rapids 123-0
 15 Samuel Welle 12 Rogers 121-8
 16 Amerey Lee 10 Elk River 121-7
 17 Payton Loftus 11 Champlin Park 121-2

18 Nolan LaPointe 12 Andover 119-6
19 Archer Smith 12 Elk River 119-1
20 Ryan Kyvig 10 Andover 117-1
21 Alexander Dolo 10 Park Center 114-10
22 Dakagar Johnson 12 Park Center 114-2
23 Kingston Akinola 12 Coon Rapids 114-1
24 Shawn Weltzin 10 Rogers 109-8
25 Mason McCutchan 12 Coon Rapids 109-2
26 Sam Ingrassia 9 Rogers 109-0
27 Adam Wimmer 10 Anoka 108-6
28 Jack Burnes 11 Totino-Grace 107-0
29 Austin Hente 10 Osseo 105-2
30 Collin Oelrich 12 Park Center 103-7
31 Liam Stichter 11 Osseo 103-6
32 Matthew Chamberlain 10 Anoka 102-10
33 Vincent Berdahl 12 Totino-Grace 101-2
34 Marcus Johnson 11 Osseo 95-7
35 Charles Finley 10 Totino-Grace 87-4
-- Austin Holt 11 Spring Lake Park ND
-- Evan Mendoza 12 Robbinsdale Armstrong DNS
-- Jeremiah Udo 11 Robbinsdale Armstrong DNS
-- Andrew Moteberg 11 Spring Lake Park ND

Boys Wheelchair Discus

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Athlete Yr Team Mark H#

=====

1 Logan Hovanetz 10 Elk River 52-8

Girls Varsity Discus

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Athlete Yr Team Mark H#

=====

1 Greta Solem 12 Spring Lake Park 124-11
2 Deborah Timothy 11 Centennial 120-1
3 Kendyl Dawson 11 Rogers 115-1
4 Naddy Barry 12 Blaine 114-7
5 Nina Thomas 12 Osseo 113-2
6 Kadence Joseph 12 Robbinsdale Armstrong 111-5
7 Amelia Sutch 10 Centennial 110-3
8 Lucille Mitshulis 12 Anoka 105-0
9 Teisha Fleming 11 Osseo 103-10
10 Emma Bunch 11 Rogers 102-2
11 Attalia Amegandji 11 Anoka 98-5
12 Julia Brincks 11 Robbinsdale Armstrong 98-3
13 Ellie Johnson 11 Blaine 96-9
14 Miera Bobbe 11 Andover 96-7
15 Amelia Tokpah 11 Elk River 94-11
16 Matisse Hahn 12 Elk River 94-7

17 Klady Boyce 12 Coon Rapids 92-11
 18 Mariah Allen 12 Spring Lake Park 92-3
 19 Ava Kiffmeyer 12 Rogers 91-0
 20 Berean Bock 10 Spring Lake Park 89-9
 21 Morgan Kuha 11 Centennial 83-2
 22 Kaylin Danner 9 Elk River 82-9
 23 Abbigail Oelrich 9 Park Center 75-11
 24 Ella Wielenga 9 Totino-Grace 74-10
 25 Trinny Mogaka 12 Champlin Park 74-5
 26 Madalina Istratii 11 Coon Rapids 73-11
 27 Victoria Varney 11 Osseo 72-6
 28 Elliana Baker 9 Park Center 70-1
 29 Rhema Shabazz 10 Anoka 65-7
 30 Alexis Braml 12 Champlin Park 64-5
 31 Fortress Oiku 10 Coon Rapids 58-4
 32 Julianne Thomas 12 Totino-Grace 56-3
 33 Leah Whitmore-Hunstock 9 Andover 56-1
 34 Mara Thomas 10 Totino-Grace 54-7
 -- Lexy Mongeri 11 Champlin Park ND
 -- Lauren Hanson 12 Robbinsdale Armstrong ND
 -- Miyah Gunter 12 Blaine ND

Boys Varsity High Jump

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Athlete Yr Team Mark H#

=====

1 Isaiah Salami 12 Anoka 6-4
 2 Tony Brown 10 Park Center 6-2
 3 Eiza Ojo 12 Osseo 6-2
 3 Shiloh Ayitey 12 Blaine 6-2
 5 Tristan Hanson 12 Centennial 6-0
 6 Isaiah Badejo 11 Spring Lake Park 6-0
 7 Ryan Lindsay 12 Centennial 6-0
 8 Noah McCloud 9 Centennial 6-0
 9 Nicholas Keenan 12 Champlin Park 5-10
 10 Joseph Jacobs 11 Park Center 5-8
 10 Jefferson Sworr 10 Blaine 5-8
 12 Johnathan Ruhland 9 Blaine 5-8
 13 Brody Lakanen 12 Anoka 5-8
 13 Melton Miles 12 Robbinsdale Armstrong 5-8
 15 Abraham Sylla-Vorderbrugg 12 Elk River 5-6
 15 Prince Axel-Assogba 10 Park Center 5-6
 15 Taylor Neal 11 Coon Rapids 5-6
 15 Boluwatife Adeuga 11 Coon Rapids 5-6
 19 Jordan Oghumah 11 Osseo 5-6
 19 Kevin Yevu 11 Champlin Park 5-6
 21 Sean Kerkula 11 Andover 5-6
 21 David Balisidya 11 Elk River 5-6
 23 Jaylen Weatherspoon 10 Champlin Park 5-6

24 Jackson Klark 12 Anoka 5-6
25 Briggs Tarnowski 10 Rogers 5-4
25 Jarren Pratt-Jackson Jr 11 Spring Lake Park 5-4
27 Vache Ebralidze 11 Coon Rapids 5-4
28 Jahari Iverson 12 Robbinsdale Armstrong 5-4
29 Keagan Vance 10 Totino-Grace 5-2
29 Christopher Wilcox 9 Elk River 5-2
31 Isaiah Luellen 12 Totino-Grace 5-2
-- Farelle Deline 12 Robbinsdale Armstrong NH
-- Cale Schurke 11 Andover DNS
-- Connor Albers 12 Osseo NH
-- Lucas Rivers 11 Rogers NH
-- William Donley 10 Totino-Grace NH

Girls Varsity High Jump

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Athlete	Yr	Team	Mark	H#
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=====

1	Avah Shaw	12	Andover	5-4
2	Ja'Mya Viney	11	Anoka	5-2
3	Ali Dehnicke	12	Andover	5-0
4	Shanyah Horton	12	Coon Rapids	5-0
5	Isabella Seibert	9	Blaine	5-0
6	Kaylie Whisler	10	Blaine	4-10
6	Hailey Peterson	10	Centennial	4-10
8	Lashara Goode	12	Park Center	4-10
9	Aleda Finke	10	Rogers	4-10
10	Sarah Lumaya	11	Totino-Grace	4-10
11	Tatianna Parker	11	Elk River	4-10
12	Aaliyah Cain	10	Rogers	4-8
13	Kiana Davis	12	Osseo	4-8
14	Isabelle Qualley	11	Rogers	4-8
14	Alice Goya	12	Blaine	4-8
16	Brooke Engebretson	12	Elk River	4-8
17	Sophia Watkins	10	Centennial	4-6
17	Milkahlyne Muriithi	11	Coon Rapids	4-6
17	Ophelia Schomaker	10	Champlin Park	4-6
17	Kiera Britz	12	Andover	4-6
21	Berean Bock	10	Spring Lake Park	4-6
22	Suriya Xiong	12	Osseo	4-6
23	Ruthie Zeller	12	Elk River	4-4
23	Ella Wielenga	9	Totino-Grace	4-4
23	Olivia Udo	9	Robbinsdale Armstrong	4-4
23	Emily Anderson	9	Anoka	4-4
27	Genesis Corral Gallarzo	11	Park Center	4-4
28	Melanie Johnson	9	Anoka	4-4
29	Mya Morgan	9	Champlin Park	4-4
30	Isabella Kuter	12	Centennial	4-2
31	Azeezat Adeduntan	9	Park Center	4-2

- Simeona Cooper 9 Osseo NH
- Helena Sheck 7 Spring Lake Park NH
- Joséphine Sinigaglia 12 Coon Rapids NH

Boys Varsity Pole Vault

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Athlete Yr Team Mark H#

=====

- 1 Eli Kuempel 12 Robbinsdale Armstrong 14-0
- 2 Sawyer Klejeski 11 Spring Lake Park 13-6
- 3 Vincente Santiago 11 Spring Lake Park 13-0
- 4 Cash Peschong 11 Blaine 13-0
- 5 Jeremy Purkat 11 Champlin Park 13-0
- 6 Cayden Ban 12 Anoka 12-0
- 7 Lucas Vandal 11 Champlin Park 12-0
- 8 Broderick Berglin 12 Totino-Grace 12-0
- 9 Luke Sharp 12 Blaine 12-0
- 9 Ezekiel Mbemeh 11 Anoka 12-0
- 11 Grayson Wolf 11 Champlin Park 11-0
- 11 Thor Jorgenson 11 Andover 11-0
- 13 Rota Sengsourignet 11 Blaine 10-0
- 13 Andre Ringwelski 9 Elk River 10-0
- 15 Matthew Andrews 12 Elk River 10-0
- 16 Lamar Mcinnis 11 Elk River 10-0
- 17 Ethan Corpus 9 Spring Lake Park 10-0
- 18 Derek Rosenbaum 9 Andover 10-0
- 19 Lars Oredson 11 Andover 9-0
- 20 Paxton Lehman 12 Centennial 9-0
- 20 Late Lawson 11 Coon Rapids 9-0
- Dylan Gilles 11 Robbinsdale Armstrong DNS
- Tate Burnett 9 Coon Rapids NH
- Tate Gladney 12 Robbinsdale Armstrong NH
- Traptic Witteveen 11 Park Center DNS
- Komona Kah 12 Coon Rapids NH
- Colton Cotter 10 Rogers NH
- Alistair Medved 10 Totino-Grace NH
- Blake Sieben 11 Anoka DNS
- Lincoln Harman 10 Rogers NH
- Devin Swenson 10 Centennial NH
- Evan Sikkink 12 Centennial NH
- Blaine Mathwig 9 Rogers NH

Girls Varsity Pole Vault

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Athlete Yr Team Mark H#

=====

- 1 Olivia Nedved 11 Anoka 11-3
- 2 Hailey Peterson 10 Centennial 10-6
- 3 Charly Hayes 11 Centennial 10-6

4 Maylin Schneider 8 Centennial 9-6
 5 Jocelyn Douvier 11 Rogers 9-6
 6 Gabriella Santiago 9 Spring Lake Park 9-0
 6 Elizabeth Buffie 12 Anoka 9-0
 8 Ophelia Schomaker 10 Champlin Park 9-0
 9 Ella Thamert 11 Anoka 8-0
 9 Brooklyn Bethke 11 Totino-Grace 8-0
 9 Milkahlyne Muriithi 11 Coon Rapids 8-0
 12 Clara Higgins 10 Osseo 8-0
 13 Hayden Denk 10 Rogers 8-0
 13 Elizabeth Denler 12 Champlin Park 8-0
 13 Josie Johnson 10 Elk River 8-0
 16 Lauren Meier 9 Spring Lake Park 8-0
 17 Tessa Stephans 12 Blaine 8-0
 17 Lily Bruemmer 12 Osseo 8-0
 19 Pyper Mottlow 7 Elk River 7-0
 19 Sophia Smith 11 Rogers 7-0
 19 Breanna Allen 12 Elk River 7-0
 19 Juliet Zieska 9 Champlin Park 7-0
 19 Isabelle Wegener 11 Blaine 7-0
 19 Jada Bahnson 11 Blaine 7-0
 19 Emilia Swan 11 Totino-Grace 7-0
 26 Annika Schurke 9 Andover 7-0
 26 Scarlett Browne 9 Andover 7-0
 28 Alana Clark 11 Andover 7-0
 -- Erin Rippe 9 Spring Lake Park NH
 -- Cheyenne Hall 10 Park Center NH
 -- Olivia Elias 9 Coon Rapids NH
 -- Zoey Carlson 9 Coon Rapids NH
 -- Ava Armstrong 11 Park Center NH
 -- Olivia Suchy 12 Robbinsdale Armstrong NH

Boys Varsity Long Jump

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Athlete Yr Team Mark H#

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1 Joseph Jacobs 11 Park Center 21-11.5
 2 Nicholas Keenan 12 Champlin Park 21-10.75
 3 Michael Criswell 11 Osseo 21-8
 4 Nshangji Zillang 12 Blaine 21-7
 5 Rico Calvert Jr. 12 Park Center 21-7
 6 Isaiah Badejo 11 Spring Lake Park 21-2.5
 7 Inyene Ekah 10 Centennial 21-0.25
 8 Abraham Bah 10 Blaine 21-0
 9 Trey Osterman 10 Elk River 20-7
 10 Taylor Neal 11 Coon Rapids 20-4.5
 11 Amery Cuffy 11 Anoka 20-2.75
 12 Burka Uli 12 Andover 20-0
 13 Eli Kuempel 12 Robbinsdale Armstrong 19-11.5

14 Spencer Feye 10 Rogers 19-10.25
15 Marcus Larson 12 Andover 19-10
16 Ibrahim Olorunfemi Fulani 12 Anoka 19-7.75
17 James Gibson 11 Blaine 19-6
18 Ed Balikalaba 11 Anoka 19-5.5
19 David Balisidya 11 Elk River 19-5.25
20 Zaavan Powell 12 Champlin Park 19-4.5
21 Micheal Ellis 11 Coon Rapids 19-3.25
22 Amiyir Hollie 11 Park Center 19-0
23 Micah Kpou 9 Osseo 18-10.25
24 Alexander Wynia 9 Spring Lake Park 18-9
25 Leyton Ullery 12 Champlin Park 18-8.75
26 Collin Anderson 12 Rogers 18-4
27 Gavin Hale 10 Centennial 18-1.75
28 Wellington Chesson 11 Spring Lake Park 18-1.75
29 Abraham Sylla-Vorderbrugg 12 Elk River 18-1
30 Ikem Ogbe 12 Osseo 17-11.5
31 Skylar Mortenson 12 Centennial 17-10.5
32 Theodore Burkhow 9 Totino-Grace 15-8
-- Vincent Case 10 Totino-Grace ND
-- Jordan McAfee 11 Robbinsdale Armstrong ND
-- Omar Sanyang 10 Rogers ND
-- Brayden Treadway 11 Robbinsdale Armstrong ND

Girls Varsity Long Jump

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Athlete Yr Team Mark H#

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1 Payton Young 12 Osseo 19-7.5
2 Shiaflyn Cooper 11 Elk River 18-0
3 Avah Shaw 12 Andover 17-9
4 Reginae Tandoh 11 Centennial 17-8.25
5 Aleda Finke 10 Rogers 17-5.5
6 Reegan Schmidt 10 Rogers 17-4
7 TaTianna Lindsey 11 Blaine 17-3.5
8 Claire Nelson 12 Park Center 17-3
9 Ja'Mya Viney 11 Anoka 17-3
10 Precilia Kpoo 12 Totino-Grace 17-1.5
11 Tayalekay Borh 11 Blaine 16-9
12 Rachel Clausen 9 Spring Lake Park 16-8.5
13 Kristina Thomas 12 Park Center 16-8
14 Lauren Carey 10 Champlin Park 16-6.5
15 Araiya Chiaokhiao-Bowman 11 Robbinsdale Armstrong 16-4.5
16 Kimberly Schleisman 9 Spring Lake Park 16-3.75
17 Sariah White 10 Champlin Park 16-2
18 Amelia Sutch 10 Centennial 16-1
19 Kiana Davis 12 Osseo 16-0.5
20 Ethel Cooper 11 Andover 15-11.75
21 Abigail Podoll 11 Rogers 15-9.5

22 Megan Gatlin 9 Spring Lake Park 15-8
 23 Skyler Jacobson 11 Anoka 15-4.5
 24 Solange Barkon 12 Coon Rapids 15-3.5
 25 Eloise Johnson 10 Centennial 15-3.5
 26 Amari Royal 11 Coon Rapids 15-2.75
 27 Amiah Lane 11 Osseo 15-0.5
 28 Zoey Tavarez 8 Elk River 14-11.5
 29 Peyton Hoheisel 10 Elk River 14-10.5
 30 Olivia Tapp 11 Totino-Grace 14-9
 31 Jada Bahnson 11 Blaine 14-7.5
 32 Mahlia Galimah 12 Coon Rapids 13-11.75
 33 Aundranique McAdory 12 Robbinsdale Armstrong 13-11
 34 Ellyn Kyvig 12 Andover 13-7.25
 35 Olivia Udo 9 Robbinsdale Armstrong 13-3.25
 36 Melanie Johnson 9 Anoka 13-2.5
 37 Ishimwe Gatera 9 Champlin Park 12-10.5
 -- Lashara Goode 12 Park Center ND

Boys Varsity Triple Jump

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Athlete Yr Team Mark H#

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1 Isaiah Badejo 11 Spring Lake Park 45-4.5
 2 Farelle Deline 12 Robbinsdale Armstrong 45-2.25
 3 Justin Richard 11 Blaine 45-0.5
 4 Abraham Bah 10 Blaine 44-8.25
 5 Isaiah Salami 12 Anoka 44-7.75
 6 Boluwatife Adeuga 11 Coon Rapids 43-8.5
 7 Owegio Wreh 11 Centennial 43-3
 8 Augustine Nkwocha 9 Champlin Park 42-1
 9 Jordan Jackson 11 Coon Rapids 42-1
 10 Cameron Stewart 12 Spring Lake Park 41-7.5
 11 Kareem Jackson 11 Blaine 41-2
 12 Ed Balikalaba 11 Anoka 40-5.5
 13 Oluwanifemi Charles-Oni 10 Anoka 40-4.25
 14 Musa Traore 12 Osseo 39-7.5
 15 Micheal Ellis 11 Coon Rapids 39-6
 16 Marcus Larson 12 Andover 39-3.5
 17 Amiyr Hollie 11 Park Center 39-2
 18 Olatooni Olayinka 10 Champlin Park 38-9.75
 19 Leyton Ullery 12 Champlin Park 38-9
 20 Gavin Hale 10 Centennial 38-8.75
 21 Abraham Sylla-Vorderbrugg 12 Elk River 38-7.75
 22 Luke Pearce 10 Centennial 38-5
 23 Micah Kpou 9 Osseo 38-4.75
 24 Joseph Schlaefel 12 Totino-Grace 37-10.5
 25 Trey Osterman 10 Elk River 37-10.5
 26 Brandon Nguyen 11 Andover 37-8.75
 27 Cale Schurke 11 Andover 37-3.75

28 Ikem Ogbe 12 Osseo 37-1.5
29 Cohen Vetsch 8 Rogers 36-3
30 Declan Colby 12 Rogers 35-6.5
31 Nathan Rahn 11 Elk River 35-6.25
32 Eli Welle 10 Rogers 34-8.5
33 Ethan Buck 9 Robbinsdale Armstrong 34-2
34 Alexander Wynia 9 Spring Lake Park 34-0.5
35 Hesbon Ondara 10 Robbinsdale Armstrong 33-5
36 Wesley Owens 9 Totino-Grace 32-4.25
-- Maurice Barr 11 Park Center ND
-- Rico Calvert Jr. 12 Park Center ND

Girls Varsity Triple Jump

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Athlete Yr Team Mark H#

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1 Shiaflynn Cooper 11 Elk River 38-10
2 TaTianna Lindsey 11 Blaine 38-2.5
3 Azauria Abron 11 Rogers 36-6.5
4 Lyric Singleton 12 Park Center 36-3.5
5 Claire Nelson 12 Park Center 36-2.25
6 Kimberly Schleisman 9 Spring Lake Park 35-3
7 Reegan Schmidt 10 Rogers 35-0.75
8 Amelia Sutch 10 Centennial 34-10.5
9 Hailey Peterson 10 Centennial 34-2.5
10 Eloise Johnson 10 Centennial 33-11.5
11 Rachel Clausen 9 Spring Lake Park 33-7.5
12 Lashara Goode 12 Park Center 33-5.25
13 Skyler Jacobson 11 Anoka 33-1.5
14 Tayalekay Borh 11 Blaine 33-1.5
15 Avah Shaw 12 Andover 32-7
16 Kaleigh Dove 11 Blaine 32-2.75
17 Janese Fallah 12 Robbinsdale Armstrong 32-1.5
18 Shanyah Horton 12 Coon Rapids 31-10.5
19 Elizabeth Goetz 9 Spring Lake Park 31-9
20 Elizabeth Buffie 12 Anoka 31-9
21 Janet Wright 10 Coon Rapids 31-6
22 Amiah Lane 11 Osseo 31-6
23 Keagan Fox 9 Andover 31-5.5
24 Lauren Carey 10 Champlin Park 31-4.5
25 Peyton Hoheisel 10 Elk River 31-2.5
26 Richetta Parker 11 Anoka 31-1.5
27 Ella Sletten 10 Andover 30-10.5
28 Abigail Podoll 11 Rogers 30-8
29 Olivia Tapp 11 Totino-Grace 30-7.75
30 Tamarr Manna 12 Robbinsdale Armstrong 30-5.5
31 Ophelia Schomaker 10 Champlin Park 30-4.5
32 Uzo Okonkwo 11 Champlin Park 30-3.5
33 Vivian Vail 7 Elk River 30-0

34 Keely Adams 9 Robbinsdale Armstrong 29-6
35 Eva Payne 9 Coon Rapids 28-11
36 Suriya Xiong 12 Osseo 28-10
37 Laila Eugene 9 Totino-Grace 26-11
38 Rute Getnet 11 Osseo 26-3